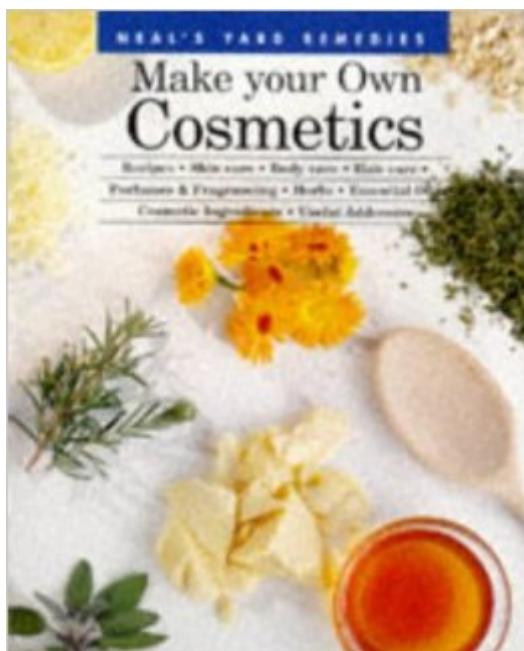


The book was found

Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, And Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies)



Synopsis

The staff of Neal's Yard Remedies share their closely guarded secrets and give away many special recipes for natural skin and hair care preparations that can be made at home. They also give a directory of Neal's Yard shops around the world. '

Book Information

Series: Neal's Yard Remedies

Paperback: 144 pages

Publisher: Aurum Press (October 1997)

Language: English

ISBN-10: 1854104691

ISBN-13: 978-1854104694

Product Dimensions: 8.6 x 6.7 x 0.4 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 3.8 out of 5 stars See all reviews (9 customer reviews)

Best Sellers Rank: #1,282,899 in Books (See Top 100 in Books) #49 in Books > Engineering & Transportation > Engineering > Chemical > Cosmetics #71 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics #297 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Dermatology

Customer Reviews

Make Your Own Cosmetics is another invaluable book written by Susan Curtis. This book includes a chapter on body care and health care issues such as the importance of a good diet and exercise. Make Your Own Cosmetics also gives a very detailed list of supplies needed to make the recipes included in the book. There are excellent photographs demonstrating the "how to" of making infusions, tinctures, herbal oils, and creams. Recipes included in Make Your Own Cosmetics cover hair, skin, eye, mouth, ear, hand, foot and body care products. A good 1/4th of this book covers Aromatherapy, the use of essential oils and how to blend and make your own fragrances and perfumes. I am one who looks for some very specific qualities in the books I buy; such as good quality paper, photographs, a well organized Glossary and qualified authors in the Bibliography. All of these are included in Make Your Own Cosmetics. I have made several of the creams, scrubs, and oils from this book and have liked the quality of each one. As usual, Susan Curtis has included a useful Appendix of addresses for supplies throughout the world and resources for further information. This is a book to be added to anyone's library if they are interested in top quality skin

care products.

Probably the best kept secret on homemade personal care products. This one is infinitely better than more expensive books I've seen. Comprehensive information, beautifully presented. Nothing trendy or trivial. Loads of easy, laboratory-tested recipes and great color photos. Very clear, step-by-step instructions on making deluxe vegetable-based cosmetics for five different skin types. Among the many topics covered: Skin, body and hair care, natural hair dyes, several types of liquid, cream and lotion bases, herbal preparations, use of essential oils, fragrancing, perfumes, toothpastes, mouthwashes and general health issues. An excellent glossary of herbs and cosmetic ingredients is included. London-based Neal's Yard Remedies deserves the loyalty of their international clientele. I wish the U.S. had a few of their wonderful shops. While you're at it, "The Bath and Body Book" by Stephanie Donaldson is a perfect companion volume. Beyond gorgeous and reasonably priced. Superb information on homemade skin care products and inexpensive ways to create some of the most luxurious bathrooms imaginable. Breathtaking color photos. Also sold by .com.

I rarely say this, but this is a book that I regret purchasing. The recipes sound interesting but many of the items I would have to order. They are generally items that I have not heard of before or are expensive essential oils. Even though I am a soap maker, the ingredients still were not what I consider to be easily accessible. I ordered other books by Janice Cox and those books were so much more enjoyable and I know I will make many of the cosmetics/facials. I found myself skipping through pages in the book by Susan Curtis because it seemed to read more like a textbook. This is a book I will not use often.

This book is great for the beginner and for home use. If you are looking for practical information or for resale ... this is NOT the book.

The ingredients listed inside this book are either very expensive (i.e. rose absolute) or extremely difficult to find. Also, the recipes are not that appealing or practical. My conclusion, the Author either doesn't want to share practical recipes or is out of touch as to why a person would want to make their own products --- simple, good recipes and more importantly it doesn't break their wallet. This book is definitely not worth buying!! There are better books out there.

[Download to continue reading...](#)

Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, and Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils 2016: 200 Natural Beauty Recipes: Diffusers, Skin Care Remedies, Weight Loss, Aromatherapy: (Young Living Essential Oils Book, Natural Remedies) (Home Remedies, Aromatherapy) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Get Younger Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Solutions) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for

Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Herbs: Everything You Need To Know About Medicinal And Culinary Herbs: (Growing Herbs, Herbs For Health And Healing, Herbs For Weight Loss, Herb Gardening) Medicinal Herbs: Discover 12 Powerful Medicinal Herbs You Can Immediately Start Growing In Your Garden (Herbal Remedies, Alternative Medicine, Healing Herbs, Growing Herbs)

[Dmca](#)